

Cheer Fusion All Stars Video Team Placements

1. When does my athlete have team placements?

- a. **NEW: Due to the current national and state guidelines for social distancing and shelter in place orders, we will hold our team placements via video submission for the 2020-2021 season. Please visit www.cheerfusionallstars.com, click on Tryouts and submit the Online Team Placement Form. Step 2 is to email your video submissions to cheerfusiontryouts@gmail.com by May 16, 2020.**

Examples of Skills for the Various USASF Levels

	Local Non-Travel and/or Prep Teams	Elite Summit Teams	Jumps
Level 1	No experience required Skills for the Level include: Cartwheel, Round-Off, Forward Roll, Bridge	<u>Standing Tumbling Required</u> Forward and Backward Roll, Cartwheel, FWO, BWO, Switch Leg BWO, Double BWO <u>Running Tumbling Required</u> Power Hurdle Round Off to 2 BWO Cartwheel Double BWO	Toe Touch & Double Jump Combination Elite Summit Teams require above average height and technique
Level 2	<u>Standing Tumbling</u> Backhandspring <u>Running Tumbling</u> Round Off Backhandspring	<u>Standing Tumbling</u> Standing BHS, BWO BHS, BHS Step Out, BHS Step Out BWO BHS Combination <u>Running Tumbling</u> Round Off BHS, Round Off 2 BHS, FWO Round Off BHS, Front Handspring, Cartwheel BHS Series	Toe Touch & Double Jump Combination Elite Summit Teams require above average height and technique
Level 3	<u>Standing Tumbling</u> Standing 2 BHS <u>Running Tumbling</u> Round Off BHS Tuck	<u>Standing Tumbling</u> Standing 3 BHS, Jump to 2 BHS BHS Toe Touch 2 BHS, BHS Step out 2 BHS <u>Running Tumbling</u> Round Off BHS Tuck, Aerial or Punch Front (prefer both), FWO through to Tuck	Toe Touch & Double Jump Combination Elite Summit Teams require above average height and technique
Level 4	This level is not available in the local/prep divisions	<u>Standing Tumbling</u> Standing Tuck, BHS Tuck, Jump BHS Tuck Prefer: 1/2 Turn Tuck, BWO Tuck <u>Running Tumbling</u> Round Off to Layout, Cartwheel Tuck Prefer: Whip/Front Through to Tuck/Layout	Toe Touch & Double Jump Combination Elite Summit Teams require above average height and technique
Level 5	This level is not available in the local/prep divisions	<u>Standing Tumbling</u> Jump to Tuck, BHS to Layout Prefer: Standing whip to Layout <u>Running Tumbling</u> Round Off BHS Full Prefer: Whip/Front through to Full	Toe Touch & Double Jump Combination Elite Summit Teams require above average height and technique
Level 6 (Worlds)	This level is not available in the local/prep divisions	<u>Standing Tumbling</u> BHS Series Full, Standing Full <u>Running Tumbling</u> Round Off BHS to Double Front/Whip/Arabian pass through to Full	Toe Touch & Double Jump Combination Elite Summit Teams require above average height and technique

BHS = Backhandspring; FWO = Front Walkover; BWO = Back Walkover

2. What should be included in the video submission?
 - a. Athlete's name, birthdate (including birth year) and age
 - b. Tiny Novice (ages 3-5) – athletes can submit videos. If the athlete cannot perform any skills, please still submit a video with the name, age and birthdate.
 - c. Cheer Teams
 - i. Jumps – toe touch and double jump combination of the athlete's choice
 - ii. Tumbling – best standing and running passes. Athletes may perform more than one pass. If athletes cannot safely tumble in their current location, they may submit a video of tumbling performed in a routine during the 2019-2020 season
 - d. Dance Teams
 - i. Hip Hop Skills: Kip-Up and Stall
 - ii. Athletes must submit a 3 8-count hip hop routine to a song of their choice

3. What types of teams does Cheer Fusion offer?
 - a. **Tiny Novice** – this team is for athletes ages 3-5
 - b. **Prep Teams** – this type of team offers less time commitment and no overnight travel. This team is perfect for athletes who have obtained new skills, but do not have the full elite level requirements. These teams are not Summit eligible and will not have overnight travel.
 - c. **Hip Hop Teams** – teams practice once a week and are limited travel.
 - d. **Elite Summit Teams** – these teams are for the elite athlete who showcase all-around skills with above average technique (jumps, tumbling, stunting, performance, dance). Elite Summit Teams will require additional classes for all athletes, will have a strict attendance policy and will require 2-3 overnight travel trips a year. Elite Summit Teams will also be required to have outside additional practice for stunt groups. Elite Summit Teams are full season travel teams.

4. How does Cheer Fusion decide team placements?
 - a. ****NEW – due to the current national and state guidelines, we understand that athletes have not been in the gym since March 2020. While some athletes are working out at home, some tumbling skills may not be up to par. Athletes will be placed into level workout groups for June/July and final team placements will happen in August. Level workgroups will begin practice as soon as we are allowed based on state guidelines.**
 - b. Team placements are based on the best needs for the decided teams. Athletes are placed on teams based on age and skill. Tenure at the gym does not mean you are placed on a higher-level team. All team placements are final.
 - c. Elite Summit Teams will be placed first by all required skills and then supplemented by athletes who have above level jumps, performance, dance and some level tumbling.

5. Can my child do more than one team?
 - a. Yes! On your team placement form, there is a space that allows you to let us know if your child would be interested in being on more than one team. This can include being able to do cheer & dance or doing more than one cheer team.
 - b. Athletes on Novice/Prep teams cannot cross over to an Elite Summit Cheer Team

TEAM PLACEMENT FEE - FREE FOR CURRENT MEMBERS; \$20 FOR NEW MEMBERS